

**STOPWATCH**

Research and action for fair  
and accountable policing

# RAW FESTIVAL 2022

**FREE  
ENTRY**

**3rd - 4th December**

**Bolney Meadow Community Centre**

**31 Bolney St, London SW8 1EZ**



**RAW**

Rights  
And  
Wellbeing



# RAW FESTIVAL 2022

## What is RAW?

RAW is StopWatch's exciting new 'Rights and Wellbeing' project, aimed at providing resources, group workshops, and individual support to equip individuals with the knowledge of preventing and reducing harm from police encounters, while also addressing the broader impacts of stop and search by providing therapeutic support to help people process and deal with its after-effects.


## This year, it's a festival


The RAW festival is a two-day weekend event raising awareness of and introducing new perspectives to dealing with the harms of negative policing by showcasing artists, therapists, and activists' insights as they share ways to help people heal from their encounters with the police.


The festival will provide a framework for understanding the problems of overpolicing, and present solutions to the challenges identified. There will be music, poetry, self-care workshops, thinking sessions, panel discussions and opportunities to get involved. We'll also have a legal team on standby for those seeking personal advice. It is free to attend, and you can drop in on any of the sessions or stay for all of them. Read on for more details.




# Saturday 3rd December Room 1


<b>Title: Stop and search parents' forum</b>	<b>Time: 12pm (1h 30 mins)</b>
<p>Description: A space for parents and carers to discuss any difficulties their child may have had with stop and search. The forum is a place to explore the thoughts and feelings stop search and other police encounters evoke for families. So, together, we can decide how to better support parents and carers in the future. Hosted by Sayce Holmes-Lewis from Mentivity, who will be sharing his expertise on how families can help loved ones to deal with trauma from stop and search experiences.</p>	
<b>Facilitator: Sayce Holmes-Lewis (Mentivity)</b>	


<b>Title: Healing through deeper reading</b>	<b>Time: 3pm (1h 30 mins)</b>
<p>Description: This will be an opportunity to practice the art of deeper reading, sharing ideas and emotions arising from the experience of stop and search described in stories written by leading Black authors. Led by The Reader.</p>	
<b>Facilitator: Geetha Rabindrakumar and Kate Bramhall (The Reader)</b>	

<b>Title: Framing the problem: From sus to stop and search</b>	<b>Time: 6pm (1h 30 mins)</b>
<p>Description: Panel discussion highlighting the similarities and differences in how the old sus laws and today's stop and search powers affect communities. Attendees will gain an understanding of the struggle across generations.</p>	
<b>Facilitators: Adam Elliott-Cooper (pictured), Winston Trew, Ricardo dos Santos, Deborah Sangster (StopWatch)</b>	


# Saturday 3rd December Room 2


<b>Title: Facing stop search fears through yoga</b>	<b>Time: 11am (1 hr)</b>
Description: An introduction to yoga where participants explore the racial trauma of stop and search. Negative policing can affect our minds and bodies. Yoga is a self-care strategy that can support people to overcome the ongoing stress of racial wounding from interactions with the police.	
<b>Facilitator: Zakiya Bishton (MindWalk)</b>	

<b>Title: Under what power?</b>	<b>Time: 1pm (1 hr)</b>
Description: A workshop to share stop and search police powers information, highlight recent changes in legislation, and think through their potential impacts. You will leave empowered with the knowledge and skills to achieve better outcomes from police encounters.	
<b>Facilitators: Folusho Akinkunmi (pictured) and Nakkita De Silva (Liberty), Benson Egwuonwu</b>	

<b>Title: Writing as self-care</b>	<b>Time: 2pm (1 hr)</b>
Description: Author Riah Writes provides tips and insights on how to address the negative feelings rising from stop and search by journaling and expressive writing. You will learn creative techniques that may help to provide a positive outlet for negative experiences.	
<b>Facilitator: Riah Writes</b>	

# Saturday 3rd December Room 2

<b>Title: Preparing for negative police encounters</b>	<b>Time: 4pm (1 hr)</b>
Description: Therapy can help to identify the unwanted impacts of stop and search on wellbeing. Contributors will explore the real emotions of grief and shame that may come from traumatic experiences of stop and search. This will leave us better able to begin the conversations required for healing.	
<b>Facilitator: Marlene-Antoinette Daley</b>	

<b>Title: The real life impact of stop and search</b>	<b>Time: 5pm (1 hr)</b>
Description: Centring young people's voices and experiences of negative police encounters in a safe space. Contributors will explain what happened to them, consider how to achieve alternative outcomes, and practice how to handle situations differently.	
<b>Facilitator: Tambo Silawe</b>	



# Saturday

Start time	Room 1	Start time	Room 2
12pm	Stop and search parents' forum	11 am	Yoga
3pm	Healing through deeper reading	1 pm	Under what power?
6pm	Framing the problem: From sus to stop and search	2 pm	Writing as self-care
		4 pm	Preparing for negative police encounters
		5 pm	The real life impact of stop and search

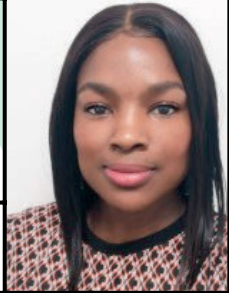



# Sunday


Start time	Room 1	Start time	Room 2
12pm	Young women and girls' experience of stop and search	11 am	Yoga
3pm	Framing solutions to stop and search	1 pm	Technology and the law: know your rights
6pm	Entertainment showcase	2 pm	How to be an ally: StopWatch bystanders' charter
		3:30 pm	Resilience developing from stop and search
		5 pm	Singing therapy



# Sunday 4th December Room 1

<b>Title: Young women and girls' experience of stop and search</b>	<b>Time: 12pm (2 hrs)</b>
Description: Putting the spotlight on girls and young women, to show the impacts of stop and search on their lives, as well as offering insight to help boost wellbeing. This workshop features a range of activities, including peer education, self-care treatments, art, poetry, music and more.	
<b>Facilitator: Shenna Darcheville</b>	

<b>Title: Framing solutions to stop and search</b>	<b>Time: 3pm (1h 30 mins)</b>
Description: Focusing on the development of psychological, physical, and spiritual approaches to tackling the harms of stop and search. There will be opportunities in this panel discussion to outline practices that can help mediate negative encounters in stop and search and talk about the place and importance of healing from trauma.	
<b>Facilitators: Anthony Scott, Romy Wakil, Shamsher Chohan (pictured), Mike Shiner (StopWatch)</b>	


<b>Title: Entertainment showcase</b>	<b>Time: 6pm (1h 30 mins)</b>
Description: Homegrown acts including musicians, rappers, and poets will share their talent to shine a light on young people's thoughts, feelings, and experiences of stop and search.	
<b>Facilitators: Gimmie The Mic artists, and Kieron Mieres</b>	




# Sunday 4th December Room 2

<b>Title: Yoga for recovery and healing from negative police encounters</b>	<b>Time: 11am (1 hr)</b>
Description: Developing wisdom and insight through yoga, to address the injustices of stop and search. Highlighting the need for balance and posture to confront the negative encounters endured at the hands of a corrupt system.	
<b>Facilitator: Marlon Miller (Truth in Trees)</b>	
<b>Title: Technology and the law: know your rights</b>	<b>Time: 1pm (1 hr)</b>
Description: Focusing on police tech during stop and search, including the use of body worn video, mobile fingerprinting, facial recognition, and more. You will gain an insight into the police's use of technology during stop and search interactions.	<b>BRISTOL COPWATCH</b> 
<b>Facilitator: John Pegram (Bristol Copwatch)</b>	
<b>Title: How to be an ally: StopWatch bystanders' charter</b>	<b>Time: 2pm (1h 30 mins)</b>
Description: A workshop processing the thoughts, feelings, and experiences of witnessing a police encounter. We'll be charting the journey from bystanders' to ally and learning techniques to support those who are harassed during a stop and search.	
<b>Facilitators: John Pegram (Bristol Copwatch) (pictured), Samar Khan and Georgia Edwards (StopWatch)</b>	

# Sunday 4th December Room 2

<b>Title: Resilience developing from stop and search</b>	<b>Time: 3:30pm (1h 30 mins)</b>
<p>Description: A space for participants to reflect and develop ways of strengthening resolve when faced with the trauma of overpolicing. By exploring our resources for resilience – both internal (inside you) and external (around you) – Judy Worrell will guide you to discover ways of overcoming systemic oppression.</p>	
<b>Facilitator: Judy Worrell</b>	

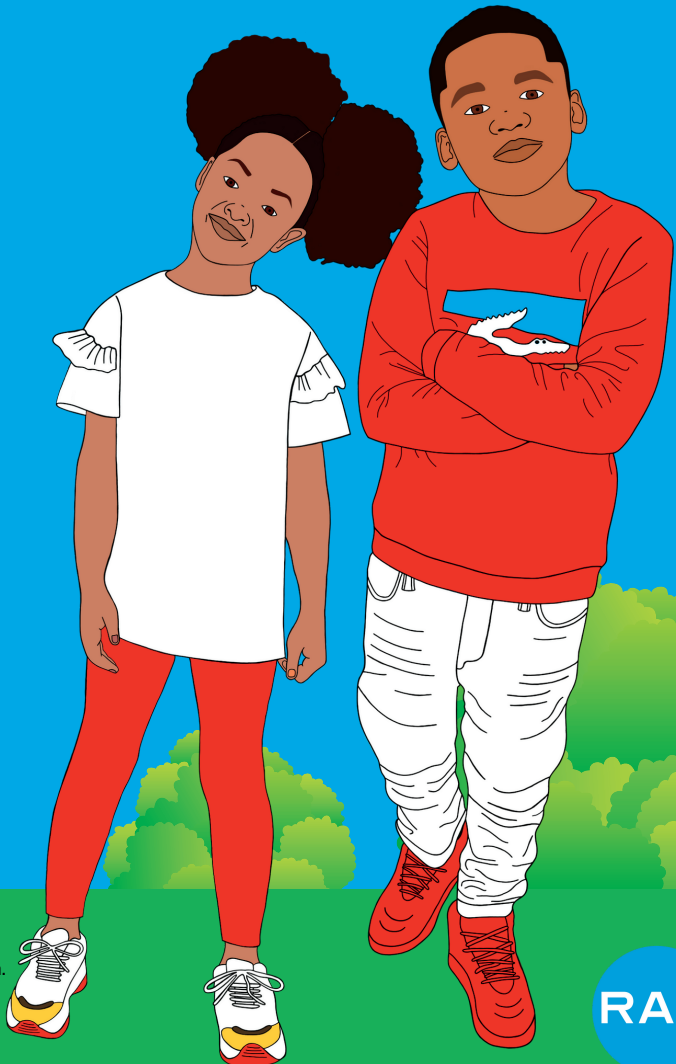
<b>Title: Singing therapy</b>	<b>Time: 5pm (1 hr)</b>
<p>Description: Singing relieves stress and can help us develop a sense of belonging and connection. Grace Fleary will share her knowledge and insights as a way of easing tension in the body and mind generated from negative police encounters. There will also be an opportunity to prepare and practice a song and contribute to a performance.</p>	
<b>Facilitator: Grace Fleary</b>	



**STOPWATCH**

Research and action for fair  
and accountable policing

# SEE YOU IN 2023



RAW is brought you by StopWatch.  
2 Langley Lane, London SW8 1GB  
+44 (0)208 226 5737  
info@stop-watch.org  
www.stop-watch.org

**RAW** Rights  
And  
Wellbeing